

Exercise Physiologist Eden*Fit*; Eden Medical Center, a Sutter Health Affiliate, Castro Valley, 3/07-Present
Design, administer and implement appropriate exercise programs for clients based on their chronic health conditions, physical limitations and needs for optimal health. Monitor and assess participants, motivate and

celia.bonino@comcast.net

California State University East Bay, Hayward campus, School of Education
M.S., Kinesiology, Sports Humanities Option, September 2009

California State University East Bay, Hayward campus, School of Education
B.S., Kinesiology, Exercise, Nutrition and Wellness Option, June 2002
Cum Laude, Deans List, Outstanding Senior 2001-2002

Chabot College, Hayward
A.A., Liberal Arts Studies, May 2000
Highest Honors

Healthcare Provider CPR valid through 07/12
Certificate in Gerontology Chabot College on-line through ALLEGRA Learning Solutions 2006
Certified Personal Trainer, Health and Fitness Institute, August 2001, ranked top 5%